The Lemon Grove

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Vol. 48, No. 8

Serving Lemon Grove and nearby communities

Tuesday, September 19, 1995 25¢

Good Shepherd cultivating different success

by Steven Saint

Leola Arnold held up two strands of vine she clipped from her garden that morning. One was green and fresh, the other withered and yellow. Same garden, different plant.

"If you want to be successful, stay committed to God," she said. "If we have the fruits of the Spirit in our lives, we don't have to worry about being successful."

Arnold's words fell on receptive ears and she was urged onward by a stream of Amens and Thank you Lords. The group assembled in Lemon Grove for the Good Shepherd's first annual prayer breakfast was small, not particularly what one might look for in a marketing textbook under-"success."

Arnold, the president of the San Diego Women's Ministerial Association and assistant pastor of the 47th Street Church of God, presented a definition of success drawn from the New Testament's Gospel of John, rooted in spiritual maturity and personal character, not market share.

For nearly three years, Carrie Humphrey has tilled the spiritual soil of Lemon Grove, planting the area's only African Methodist Episcopal (AME) church, the Good Shepherd. Arnold's message was a welcomed encouragement at the church's Sept. 8 breakfast.

The AME denomination was founded in 1816 by Richard Allen. The Methodist Episcopal Church, heir apparent to John Wesley on the North American continent, had become divided over slavery. While some white Methodists tolerated slavery, many black Methodists broke away to form their own congregations.

The AME Church stayed out of the 1968 merger that brought many scattered sheep into the great fold of the United Methodist Church

Humphrey founded Good Shepherd in December of 1993. She rented a church building in Spring Valley for eight months until the building was sold. Her

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The Good Shepherd congregation rents the fellowship hall behind Lemon Grove's United Methodist Church on Washing-

fellowship hall adjacent to Lemon Grove United Methodist Church on Washington Street.

"We chose Lemon Grove because the hall was available and the former Lemon Grove Methodist pastor was really sold on the location," said Cheryl Hayes, Humphrey's longtime friend, administrative assistant and charter member of Good Shepherd. "The demographics of the area are changing, but there aren't many black churches."

Hayes said they have felt very well received in Lemon Grove despite some initial trepidation. The prayer breakfast was one of several projects designed to give the congregation more visibility with the community at large.

Other projects include a weekly bread giveaway, health units and a third anniversary celebration planned for January

Humphrey hopes to book the late Dr. Martin Luther King's daughter Bernice for the occa-

Whether or not their numbers

Leola Arnold addresses "Goals to be a Successful Person" at the Sept. 8 prayer breakfast.

bent on cultivating their spiritual

"Staying on the vine means seeking all the spiritual fruit that are mentioned in Galatians, not just some," Arnold admonished them. "You can't take love and skip peace, saying, 'I don't want to be at peace with some-

Sunday services at Good Shepherd AME Church begin at 10:30 a.m. For further information, call Humphrey at 265-1245.

Pollution Prevention Week set

The county Board of Supervisors have declared this week "Pollution Prevention Week."

Representatives from governenvironmental advocacy groups combined forces today with the county Board of Supervisors to show a united commitment to protecting the health and environment of our community.

Proclamations were presented at the supervisors' meeting today acknowledging successful ongoing pollution prevention activi-

Pollution prevention simply means changing some old ways of doing things, both at home and

at work, so that less waste is pro-

Everyone in the community can help. The Industrial Environment, industry, academia, and mental Association, Environmental Health Coalition and the San Diego County Environmental Health Department have strongly advocated the benefits of pollution prevention.

"This is clearly an issue we can all stand behind," said county Environmental Health Director Gary Stephany. "The challenges facing San Diego County have pushed all of us to look for ways that we can work together to maintain a quality of life that our citizens value."

Hospital part of family MD comeback

by Fiona Young

The family doctor is back. At least that is the plan of Sharp HealthCare, which has formed a partnership with Stanford University to train family practice physicians, according to Dr. Joseph Scherger, director of the Sharp Family Residency Program.

The largest group of residents, 10, began with Sharp last month. Many of them are now working at Grossmont Hospital.

The growth of managed care health care providers has increased the demand for family practitioners, said Stephanie Casenza, director of public relations for Sharp HealthCare.

"We'd like to think of ourselves as personal physicians,' Scherger said. "We can take care of 85 to 90 percent of why you would see a physician.'

Because a board-certified family practice physician is trained in looking at the whole patient, seeing a family practice doctor first would eliminate the need for many referrals to outside specialists. Scherger provided a practical example.

"We're doing a lot of sports physicals this time of year," he said. "We get a teenager in there who has a problem with acne, for example. We're trained to deal with that. We can help him manage his acne and avoid having him have to go to a dermatolo-

This method of health care delivery is more cost effective, a concern to both patients and providers. The new delivery system can see both children and adults. Children can be seen by the same physician as their parents, Scherger said, since the majority of reasons for visits to the pediatrician can be dealt with just as effectively by the family

"We would be making a great mistake if we were to abandon all the gains we have made using specialized medicine," Scherger said. "It's a matter of balancing specialized medicine against family practice. The purpose of the residency program is to restore that balance.'

The family practice residency program with Stanford began in 1993. An exchange of faculty from both Sharp facilities and the Stanford campus is a regular part of the program.

Candidates were sought who expressed an interest in staying in

Continued on Page 3

Mesa Valley Grove fashion show set

This week has been designated National Adult Day Health Care Center Week, and Mesa Valley Grove Senior Programs Adult Day Health Care Center will host its 9th Annual Fashion Show from 10:30 a.m. to 2 p.m. on Friday at the Lemon Grove Senior Center, 8235 Mt. Vernon St.

Ten adult day health care centers throughout San Diego County will have selected participants to model fashionable clothing. Lunch and entertainment will be provided.

For more information, call activity coordinator Teresa at 460-5153.

B Words

Personal comments from Mayor Bob Burns

Once again, I cannot let things go without a response. I always feel that if I do not answer contentions, they will be assumed to be true. Mr. Cochran, aka LGMAYOR, has taken my printed words to task.

First off, when I said that the proponents would not pay for an election (\$50,000), I was referring to a special election that would be ordered by an initiative. Indeed, the Gambling Group declared that they would pay for the special election that they requested the city to authorize. I guess I just could not bring myself to assume that the offer was extended to the initiative process. If enough signatures are secured, the measure has to be put on a ballot with the costs being born by the city.

Second, the decision on Aug. 15 was to wait a week and then decide if and/or when to schedule a public hearing on the subject. Apparently, during that seven days, the public input and outcry to all of us on the Council was that we had already more than enough information to make a decision. Again, I would say that 99 percent of the feedback that I got from those whom I respect was negative. Again, I felt it unwise to waste one more minute or penny of staff time on the subject.

As for Federal Blvd., even if the ethereal \$400,000 were to be spent exclusively on this problem, it would take decades to pay for it. Then of course, all of the other causes in town that the golden carrot pandered to would be left out in the cold. Of course, the income from gambling could pay for many needs and desires of the city and all of its organizations. If money alone is what Lemon Grove residents want for their community, then they should go for gambling and any other means of getting dollars that is available

As for crime, all of the information that I have received outside of the "partnership" has been that gambling attracts it in many forms. I discussed this very subject with a Councilman from Gardena recently, and although they get \$3 million annually, they are not totally happy with the situation ... but they do take the money. My information is that only three of the partners actually live in Lemon Grove, while all of the others are telling us what is good for us.

The old adage, "if it sounds too good to be true, it probably is," in my opinion, applies to this issue. Also, on top of that, the history that experience has demonstrated, and the fact that so very many other cities have turned the proposition down, some repeatedly, is just solid evidence to uphold our decision. I am loathe to believe that these people have chosen Lemon Grove because they think we are gullible enough to swallow their siren song, but "it's possible." I thank Mr. Cochran for putting his views in print for all to see. I am glad that he reads my "B Words," and am flattered that he would take the time to contest my views. However, I must say that I am more impressed with, give more credence to, and appreciate more, the three line letter to the editor that shared the same page with his discourse. The Steinhoff family is typical "Lemon Grove" and I am convinced that the selfish interests that is for quality of life, safety and wholesome values, far exceed those of acquiring

Letters to the Editor

That's B.S.

The Lemon Grove Council has not misled nor taken away the people's voting rights on any issue, including the Lemon Grove Gaming Issue. By a unanimous decision, the Council rejected the gaming proposal as submitted. Proponents state that the Council is misleading and has denied the people's voting rights. That's B.S.

The Council does not have the right or power to prevent the people calling for a special election. Further, this Council would not attempt to prevent that voting privilege. The real issue is that the proponents are long on monetary promises, but short on factual audit accountability.

I invite anyone to contact me on this issue. I can be reached at City Hall at 464-6934. If this gaming proposal is the great panacea that it has been touted, then it will form its own right of way. Until then, let's do away with the nonsense that this Council is misleading the people of Lemon Grove.

> THOMAS CLABBY Councilmember, City of Lemon Grove

Send your Fictitious Business Statement to The Lemon Grove Review

Box 127, Lemon Grove, CA 91946

(Don't pay the Daily Californian \$42)

WEATHER =

The following information was provided by the Lemon Grove Fire Department.

		High	Low
Sept.	11	91	60
Sept.	12	93	62
Sept.	13	93	62
Sept.	14	82	65
Sept.	15	82	64
Sept.	16	76	64
Sept.	17	84	64

Public Notices

YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED DECEMBER 7, 1989, UNILESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. NOTICE OF TRUSTEES SALE NO. 154117 ON October 3, 1995, at 09:30 AM, at the front entrance of Orange Coast Title Company, located at 7474 EI Capon BMd. In the city of La Mesa, County of San Diego, State of California, California Reconveyance Company, a California Company, a Cali County of San Diego, State of California, California Reconveyance Company, a California Reconveyance Company, a California Corporation, as duly appointed Truste executed by Habib H. Fatha and Tara R. Falkih, husband and wife as trustors, recorded on December 12, 1989, as Instrument No. 89 670731, in Book —, Page —, of Official Records of San Diego County, State of California, under the power of sale therein contained, will sell at public auction to the hiphest bidder for cash, or check as described below, payable at the time of sale in lawful money of the United States of America, without warranty express or implied as to title, use, possession or encumbrances, all right, title and interest now held by it as such Trustee in and to the following described property situated in the aforesaid County and State, to wit: APN: \$6.56-201-14-400. The total amount state on the aforesaid County and State, to wit: APN: 1 576-201-14-00. The total amount of the unpaid principal balance, interest thereon, together with reasonably estimated costs, expenses and selections. Sale: California Reconveyance Company, as said Trustee, By Deborah Brignac - Assistant Vice President, 9451 Corbin Ave, Northridge, California 91324, (818) 775-2575, Dated Septem-ber 2, 1995 ASAP176050 9/12, 9/19, 9/26

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Submissions

Editorial and photo submissions are welcome, but will not be returned to sender unless accom panied by self-addressed, stamped envelope. The editor reserves the right to edit all submissions

The Only Reasonable and Logical Decision

by Jay La Suer

History is one of the great professors of time. If we familiarize ourselves with history and the pitfalls mankind has stumbled into we can avoid them. If we study ancient civilizations and the actions and/or inactions that lead to their demise, then perhaps our nation can survive. Yes, we can survive and flourish if we heed these lessons of time.

Today I often ask myself, how is this possible? How can our children and their children's children, and their children, benefit from the lessons of the past if we continually change the facts of the past?

Many are taught and believe that the Holocaust never happened! Pretty shocking to the millions of Jews who survived Nazi death camps! Pretty shocking also to the troops who liberated these camps and witnessed the result of the Nazi atrocities.

We are now experiencing another bold attempt to change the facts of history: a change that places America in the role of an unmerciful, evil empire that slaughtered thousands and thousands of innocent Japanese during the latter days of World War II.

Oh yes, I've listened to, read and watched on television those powerful voices of the media condemn our nation for winning World War II. To hear the twisted facts and mis-facts on our airwaves and in our newspapers, one would believe that America should have sacrificed the lives of hundreds of thousands of American service men by invading Japan.

Consider that Japan had 2 million combat troops waiting for our invasion. Consider also that in reserve, Japan had 4 million civilian workers, and that the Japanese Cabinet had already approved the drafting of all remaining men between the ages of 15 and 60, and women between the ages of 17 and 45 for a final force of 28 million people armed with sharpened bamboo spears and hand grenades to slaughter the invading American horde. Are we to forget that the Japanese Kamikaze Corps had stockpiled fuel and armaments for nearly 5,500 suicide aircraft to launch against invading American forces?

Forget that our Marines suffered nearly 26,000 casualties capturing an island known as Iwo Jima. Forget that our nation lost 34 warships from Kamikazes at Okinawa, another 368 damaged and countless American lives. Forget the over 2,000 Americans who lost their lives in the cowardly sneak attack on Pearl Harbor by Japan! A nation, I might add, that the United States was not at war with. Forget the Bataan Death March that cost the lives of so many American prisoners of war.

Forget the Japanese atrocities against the people of China and Korea! Forget the fact that the emperor of Japan had signed an order condemning to death all American prisoners of war to occur immediately upon the invasion of Japan! Forget the fact that after the second atomic bomb was dropped on Nagasaki, the Japanese war minister, Gen. Korechiki Anami, stated that it was far too early to say the war was over. He believed Japan could reverse the trend of the war and snatch victory from defeat. Gen. Anami wanted one final, great battle on Japanese soil. "Would it not be wondrous for this nation to be destroyed like a beautiful flower?" he stated. This certainly does not appear to be a statement of a nation on the verge of surrender.

Forget the fact that as the USS Missouri sailed into Tokyo Bay to accept the surrender of Japan, a last-ditch effort was in the works by Kamikaze pilots to sink the great battleship. Additionally, Japanese fighter pilots were in their aircraft waiting to take off to strafe the sinking battleship in hopes of killing both Adm. Nimitz and Gen. Chester MacArthur. These events were avoided only after a last-minute appeal by the emperor's brother, Prince Takamatsu. Forget the fact that Japan was offered the opportunity for unconditional surrender. Contained within the offer were guarantees of humane treatment, freedom of speech, religion and thought, world trade and no recrimination. The Japanese replied in the negative.

Forget this fact! Forget that fact! Forget! Forget! ... I think not, nor shall I allow my children to forget. Our nation was involved in a war for our very survival!

Americans of all faiths, all races and all ages volunteered to fight the Axis Powers to keep our freedom and the liberty of freedom-loving peoples around the globe intact. Today, fallen American heroes lie buried in cemeteries around the world. Are we to betray these heroes of America and teach our children that these men lie buried in disgrace? Every fiber in my heart and mind scream a thunderous NO! Are we to tell the men whose lives were spared, who waited to invade the island of Japan, that they should have died; that they should not have been allowed to experience the joy of raising their children, nor the happiness of experiencing their grandchildren? Again my mind and heart shouts a thunderous NO!

In a letter to James L. Cate, a history professor at the University of Chicago, President Harry S. Truman stated very simply very eloquently: "Dropping the bombs ended the war, saved lives." Truman consulted his advisers prior to making his decision. At the meeting were Secretary of State Stimson, Adm. Leahy, Gen. Marshall, Gen. Eisenhower, Adm. King and others. When Truman inquired of Marshall, "What it would cost in lives to land on the Tokyo Plain and other places in Japan?" Marshall said such an invasion would cost, at a minimum, one quarter of a million casualties, and might cost as much as a million on the American side alone, with an equal number of the enemy. The other military men present agreed. A few would later disagree with the president's decision to drop the atomic bombs, but all agreed with General Marshall's casualty estimates.

Truman made the only reasonable and logical decision he could. I do not advocate that we still consider Japan our enemy; I advocate that we remember the facts of history and learn from them.

Jay La Suer is a La Mesa City Councilman.

Cross that line



Family doctors Continued from page 1

the San Diego area.

a new school year.

"There are simply not enough family doctors to go around," Scherger said. And the partnership with Stanford seemed "a natural for them."

Photo by Howard Owens

It is customary for a training facility to have an association with a medical school. Stanford views itself as a worldwide facility. The partnership is extended in other areas like San Jose, and has benefited the San Diego program in a number of ways, including curriculum.

The San Jose program with Stanford helped produce a well-defined list of competency-based curricular objectives for defining the specialty.

Sharp has been training physicians assistants in conjunction with Stanford since 1991 and the extension to training family practice residents was a logical one

Grossmont Hospital is Sharp's largest facility and a perfect place to begin, Scherger said. The hospital is very receptive to family practice physicians in affording them hospital privileges, much more so than other facilities in the county. Additionally there was a number of high quality family practice physicians willing to be part of the teaching staff.

The specialty of family practice physician, created in the 1970s plateaued in the 1980s Scherger said, holding its own into the '80s. Overall the growth was in specialties outside the family practice area.

Nationwide 70 percent of practicing physicians are in specialized areas of practice. In San Diego county that figure rises to 77 percent, Scherger said. Fewer than 15 percent of physicians are family doctors.

"That's not designed to address current needs," Scherger said, adding that in 1950 60 percent of physicians were family doctors.

Documentation is extensive regarding medical students' career path choices. Over half the students entering medical school want to become a generalist physician. A generalist physician includes the areas of family practice, internal medicine and pediatrics.

There is significant attrition of interest in medical school, with over half changing their career interest in the course of their education.

Scherger sees that changing as the market needs change according to the health care delivery system.

As managed care takes center stage there will be an ever increasing need for more family practice physicians. More jobs available in this field will mean more students choosing it.

There are currently 20 residents in the family residency program with Sharp. The first four will graduate in June, 1996, and the facility has accreditation for producing 20 family practice physicians a year.

Adult literacy program seeks volunteers

by Mark Morgan-Hallburn

If you can read this article, you can make a lasting difference in someone's life. The GAIN Literacy Project of San Diego County is looking for volunteers to teach reading

Many of us had loving parents and teachers that taught us reading skills. But some were less fortunate. It may surprise you to know that according to GAIN statistics, 26 percent of the San Diego County population about 422,000 people - is functionally illiterate. That's a larger population than the cities of Lemon Grove, La Mesa, Santee, Spring Valley and El Cajon com-

It may surprise you even more that about three-fourths of those people are English-speaking

In most cases, San Diego County illiterates are adults. Lack of reading skills hinders employment and educational possibilities, increasing the welfare roles and often having a negative impact on children in the county.

Illiterate adults often have children that are being taught to read in the schools, but lack the reading skills to properly encourage their children. The resulting lack of self-esteem also hinders parenting skills

"All of our learners have children," says Bob Walcher, a VISTA volunteer coordinating the project. "I am trying to encourage them to get their kids

Walcher is looking for people to volunteer as little as two hours a week to raise the level of literacy. And he hopes to pass the reading improvement down through the generations.

"I feel strongly that success builds on success," he says. "The more positive experiences that we can provide these students, the better.

Walcher sees volunteerism as a way to better society as a whole. He says he became a VISTA volunteer because social problems are becoming overwhelming.

"I think it's up to all of us to do something if we are able," he

says. "There are many reasons for crime, homelessness, teen suicide and welfare costs. The one thing that seems to be underlying most of these problems is the lack of education. That's why I'm here."

GAIN brochures state that by volunteering, you will help others, improve the community, learn new skills, change the status quo, stay active and involved, meet new people and build your own self-confidence.

"I've been given the chance to change my life and also make myself a better person," says one GAIN client who asks not to be identified. "My idea of living is certainly not being on welfare for the rest of my life."

Another student is hoping to return the favor.

"Currently, I am enrolled in college and I am hoping to become a teacher," he says. "I would like to teach in the GAIN program as a way of giving back what I have received.'

For more information on participating in the GAIN program, call Walcher at 338-2479.

PG Perspectives Style and geography

by Phillip Giannangeli

At a recent party, one of the guests told me that I looked so California. I guess my blue T shirt, white Dockers, and yuppie sandals had a certain look to them and perhaps that image is part of what might be called the "California" mystique.

I would have described my look as California casual, but that might be redundant. Anyway, it got me to thinking about descriptions and perceptions people have about style and places (states in this case) and how they fit together.

For some states, the description that someone is so (fill in the name of the state) gives a clear picture of what that individual's appearance is like. If John is described as looking so Hawaiian, I don't think anyone would mix him up with an Indiana kahuna for instance.

The same can be said when describing someone as having the look of a real Texan. There's a clear image of what that's like and there isn't much of a chance that anyone's going to mistake that look for someone from North Dakota or even Hawaii for that matter.

Other states may also have a sort of fashion sense about them. Someone wearing a lot of turquoise accessories could be identified as having the New Mexico look. A preppie look might signal Connecticut or Vermont. Someone wearing bold, aggressive, in your face attire just naturally screams New York,

But what about other places? Good places. Places that are fashion challenged

Take Missouri for example. What would you expect to see if someone said that a person looked so Missourian? People in Missouri are noted for stubbornness, but how does that translate into a fashion statement? Would wearing the same style year in and year out be an example of Missouri stubbornness reflected in style? Perhaps, but I think stylish doggedness should be reserved for Maine, where style may or may not have ever existed.

But if Maine and Missouri are lacking when it comes to any kind of fashion statement, what about Virginia? Has anyone ever been accused of looking too Virginian? Or of putting on Virginia airs? That's not any more likely, I'm afraid, than someone saying that a person is masquerading behind

the Kentucky look. Or even more preposterous than that would be someone trying to pass herself off as fashion-plate Oregonian.

Cities have a look or style about them probably as much as states do. In the last couple of years, Seattle has come to the front with what is called Grunge. The L.A. look is probably just a microcosm of the totally bitchin southern California look and Miami not only has its own look, but it has its own sound too.

Chicago's look might be a little hard to describe, but I'm sure most folks would be able to distinguish it from the Chevenne or Ogden look even if all three cities are at about the same latitude. I think I can visualize a possible Chevenne look, but no matter how hard I try, the Ogden look just doesn't come into focus.

Style and geography? After all of this meandering through my summer dissipated brain, I wish I had never heard that comment about looking so California.

Perhaps you just had a similar

Chargers Express buses to shuttle from Grove

San Diego Transit Chargers Express buses will get fans into Jack Murphy Stadium for Sunday's Chargers - Broncos game quickly, avoiding traffic and park-

The Chargers will face the Denver Broncos at 1 p.m. Buses begin loading two hours before game time. One of the 11 express bus park and ride locations is Market Place at the Grove, opposite Grove Bowling.

The Chargers Express bus fare is \$3 one-way and \$5 round-trip. Chargers Express bus riders are shuttled in and out of the stadium parking lot via special bus lanes.

The last bus leaves each location one hour before the game begins. On the return trip, the last Chargers Express bus leaves the

stadium 20 minutes after the

The two other East County locations for Chargers Express

· El Cajon Transit Center (two blocks south of Main Street on Marshall Avenue)

 Spring Street Trolley Station in La Mesa

Passengers transferring from regular San Diego Transit buses to the Chargers Express should pay the stadium fare on the first bus and ask the driver for a stadium transfer. Riders transferring from the San Diego Trolley should give their trolley tickets to the Chargers Express driver for credit toward the stadium fare. Chargers Express is a liftequipped service.

For more information about the Chargers Express, call San Diego Transit's InfoExpress at 685-4900. Teletype for the hearing impaired only, call 234-5005.

Student leaders offered DC trip

Juniors and seniors who hold an elective office in public or private high schools could receive a \$2,000 scholarship and a trip to Washington, D.C.

The scholarship and trip are part of the United States Senate Youth Program, designed to honor outstanding student leader-

Two high school juniors or seniors from each of the 50 states, the District of Columbia and the Department of Defense Overseas capital in March of 1996 for an insider's view of the federal gov-

Interested and eligible students must be nominated by school principals. Each high school, with the help of a local selection committee, identifies one candidate to represent the school.

The nominee's application to the California Department of Education, postmarked no later

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Classified

<u>business</u> opportunity

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consumer goods

contests

CHILI COOK-OFF Chili cookers wanted for 2nd Annual Country Jam & Cook-off. Lakeside Rodeo Grounds, Sept. 24. Cash Prizes. 11 am-6 pm. Call 654-3326 9/14

<u>employment</u>

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real estate

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